

Pet meal & observation diary

Use one copy per pet. Record what you know; mark uncertain amounts and shared-bowl intake as unknown.

Pet: _____ **Species:** _____ **Diary started:** _____

ENTRY 1 | Date: _____ **Meal time:** _____ **Observed (date/time):** _____

Exact food / formula / batch, plus treats or other foods:

Amount offered + unit: _____ Leftovers: _____ Intake known? _____

What I observed (including no change noticed), and when:

Unknowns, shared food or other changes to discuss:

ENTRY 2 | Date: _____ **Meal time:** _____ **Observed (date/time):** _____

Exact food / formula / batch, plus treats or other foods:

Amount offered + unit: _____ Leftovers: _____ Intake known? _____

What I observed (including no change noticed), and when:

Unknowns, shared food or other changes to discuss:

Question or next step for the veterinary team:

Timing alone does not prove a food caused a reaction. Seek veterinary advice promptly if your pet is unwell; do not wait to finish this record.

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Pet: _____ **Species:** _____ **Diary started:** _____

ENTRY 3 | Date: _____ **Meal time:** _____ **Observed (date/time):** _____

Exact food / formula / batch, plus treats or other foods:

Amount offered + unit: _____ Leftovers: _____ Intake known? _____

What I observed (including no change noticed), and when:

Unknowns, shared food or other changes to discuss:

ENTRY 4 | Date: _____ **Meal time:** _____ **Observed (date/time):** _____

Exact food / formula / batch, plus treats or other foods:

Amount offered + unit: _____ Leftovers: _____ Intake known? _____

What I observed (including no change noticed), and when:

Unknowns, shared food or other changes to discuss:

Question or next step for the veterinary team:

Timing alone does not prove a food caused a reaction. Seek veterinary advice promptly if your pet is unwell; do not wait to finish this record.

Context: WSAVA Global Nutrition Guidelines include veterinary diet-history resources. This household template is our own, not their clinical form.

Source: wsava.org/global-guidelines/global-nutrition-guidelines/